



Top students honored FGM awards ceremony

By Rob Desjardins

Staff Writer

Students, staff and parents of F.G. Miller School took time on Friday afternoon to honor the school's top achievers in the 1995-96 academic year.

Award recipients were as follows:

JUNIOR HIGH

Grade 7

Academic Honors (min. 80 per cent average in academic subjects): Amanda Leaf, Tanya Pankiw, Janelle Ryka, Joanne deMoissac, Bomee Lee, Julie Young, Carlen Mutch, Dorielle Richard, Kent Bjornstad, Jennifer Flanders, Steven Salt.

Honors (min. 80 per cent average in combined subjects): Christine Lowe.

Honorable Mention (75 to 79 per cent average in combined subjects): Doug Erickson, Danny Wentworth, John Marcoux.

Grade 8

Academic Honors: Michael Povaschuk, Jessie Parragh, Jamie Schnurer, Levi May, Len Hoac.

Honorable Mention: T. Warawa, James Purdy, Spencer Easthope, Keri Myshaniuk, Shalane Slywka, Ben Peterson.

Grade 9

Academic Honors: Aaron Young, Marilyn Jendruck, Wanda Hiron, Erica Nielson, Michelle Hutton.

Honorable Mention: Bryce Sereda, Jackie Penz, Corrine Lowe, Christopher Hancock, Stacey Robbie, Andrea Myshaniuk, Patricia Kiechinger.

Junior High Citizenship Award: Michelle Hutton and Jennifer Kadutski.

High Academic Standings Award: Erica Nielsen.

SENIOR HIGH

Grade 10

Academic Honors: Claudia Naber, Vanessa Johnson, Stacey Kozicki, Amanda Ference, Judy Kim, Tracy Bueckert.

Honorable Mention: Kristen McMillan, Rocky Pilisko, Christa Lypka, Carrie Baumgardner, Alicia Nielsen, Jaylene Purdy, Helen Wilcox.

(Continued on Page 2)

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TERRY FOX RUN SUPPORTERS -- were out in full force across the country on Sunday, and Elk Point was no exception. A total of \$ 2218 was raised by 42 participants. Peggy Maas (left) was once again Elk Point's top fundraiser, with Karon Hanson (third from left) in second place. The run was a family affair: Karon's grandson Ryan Ockerman won the youth participants' draw for a t-shirt, while Denise Maas (right) was one of the run organizers. Several novelty prizes were given out, with Tamara Berland guessing Peggy Maas' weight, a Mystery Prize going to Shannon, the Neatest Pledge Form submitted by the Lowry Family, and Edie Lowry the Most Environmentally Friendly participant. Elk Point's Terry Fox Run was sponsored by Elk Point Co-op, Tags Food and Gas, Norcen Energy Resources, Pan Canadian Petroleum and Golden Loaf Bakery. Thanks are extended to all who took part, and especially to the volunteers who helped to put on the event: Dennis Maas, Maria, Justin and Kyle Povaschuk, Kris Ann and Taylor Jenner, Michelle Dargis, Sonia Yarmuch and Brenda.

Elk Point couple die on Myrnam Highway

By Richard Wright and Rob Desjardins

Staff Writers

An elderly couple died in a violent two-vehicle collision on the Myrnam Highway early Thursday afternoon. Paul and Marie Ruzycki of Elk Point died at the scene of the accident, which took place at the junction of the highway and Secondary Highway 646 at approximately 2:30 p.m.

"The Ruzyckis were passengers in a westbound vehicle operated by Christine Wellsman of St. Albert," RCMP Cpl. R.B. Davis reported Thursday evening.

"Their vehicle collided with a southbound vehicle operated by John Clennet of Manville. (Clennet)...had what appears to be the right of way," he added.

The force of the impact sent Wellsman's vehicle into a ditch on the south side of 646, where it rolled several times, eventually stopping on its roof. Mrs. Ruzycki was thrown from the back seat while her husband died in the front passenger seat.

Both Clennet and Wellsman, who is the Ruzyckis daughter, were treated for their injuries and released from hospital. Police say alcohol was not a factor in the accident, but charges are pending.

SH 646 is controlled by stop signs at the intersection, while the Myrnam Highway, SH 881, is the thoroughfare.

Half century for two Masonic members

Two charter members of the St. George's Masonic Lodge were honored last week with the presentation of jewels marking a half century as Freemasons.



MEMBERS IN LONG STANDING -- Fifty year jewels were presented to two members of Elk Point's St. George's Masonic Lodge last week. District Deputy Grand Master Dave Thomson of the Lakeland District (left) was on hand to make the presentation to K. C. Miller and Joe Tredger, while St. George's Worshipful Master Bill Jennissen added his congratulations.

K. C. Miller and Joe Tredger were among seventeen men who signed the charter when the Elk Point branch of the lodge was formed on June 11, 1953, however their association with Freemasonry goes back even further.

The pair joined St. Alban's Masonic Lodge in St. Paul on July 27, 1946, and travelled there regularly to attend meetings for close to 13 years before the local branch came into existence.

Tredger was the first Senior Warden for St. George's, and both have put in a stint as Worshipful Master, Tredger in 1954-55 and Miller in 1956-57. Miller also served a term as District Deputy Grand Master.

Miller said he and Tredger have "enjoyed all our years together here and in the various lodges we have visited. Masonry continues to be an inspiration to both of us."

FGM awards

(Continued from Front Page)

Brad Pankiw, Rachel Peterson, Paul Erickson, Charissa Brown, Stewart Povaschuk, Tyler Warawa, Pam Veer.

Grade 11

Academic Honors: Raegan Croteau, David Naber, Shaun Moroziuk.

Honorable Mention: Christa Hammond.

Grade 12

Academic Honors: Christina Sereda, Shanna Baker, Justin Conrad.

Honorable Mention: Raymon Bueckert, Denise Adkins.

OTHER AWARDS

Governor General Academic Medal: Christina Sereda.

High Academic Standings Award: Christina Sereda.

Rutherford Scholarships: Christina Sereda, Tanya Stone, Justin Conrad, Denise Adkins, Shanna Baker, Lee Kadutski.

Dr. KC Miller Award (top Grade 12 diploma student): Raymon Bueckert.

Top Grade 11 Advanced Diploma Student: Raegan Croteau.

Top Grade 10 Advanced Diploma Student: Judy Kim.

French Awards: Tanya Pankiw (junior high), Raegan Croteau (senior high).

Art Award: Bryce Sereda. Accounting Award: Kristin McMillan.

Computer Processing Awards: Chris Hancock (junior high), Christa Hammond (senior high).

Family Life Award (for junior high Home Economics): Michelle Hutton.

High School Home Economics Award: Stacey Kozicki.

Physics Award: Craig Lee. CALM 20 Award: Stacey Kozicki.

Industrial Education Awards: Allen Baker (junior high), Stewart Povaschuk (senior high).

Sports Awards. Sportswoman of the Year: Erica Nielsen (junior high), Robyn Danyluk (senior high). Sportsman of the Year: Len Hoac (junior high), Sheldon Ballas, Lee Kadutski (senior high).

Kates Memorial Award (top Grade 12 student): Christina Sereda.

Brailsford Memorial Music Award: Denise Adkins.

Elmer Bjornstad Award (high academic standing, Grade 12): Christina Sereda.

CJ Petroleum Award (dedication and hard work): Laura Oszust.

Merit Contractors Award (talent in building construction): Jamie Zacharuk.

Citizenship Award (involvement in community): Brett Speight.

PanCanadian Petroleum Scholarship (for graduates enrolled in particular post-secondary programs): Christina Sereda and Shanna Baker.

Heritage School Citizenship Award (caring for others): Justin Conrad.

Bruce Smith Memorial Award (helpful and caring Grade 10 student): Rocky Pilisko.

Dr. KC Miller Award (best all-around student): Justin Conrad.

3 bedroom house for rent - Right in Therien. \$400/month, \$400 d.d. Plus utilities. Available immediately. 20 miles from St. Paul or Bonnyville. 635-4138.

A.G. ROSS OPERATING COMMITTEE
PRESENTS THEIR

Fall Dine & Dance

Featuring Yuk Yuk's Comedian
KEN VALGARDSON

SATURDAY, SEPTEMBER 28, 1996
ELKS HALL IN ELK POINT

Supper 6:00 pm; Yuk Yuks 8:00 pm; Dance 9:00 pm
Tickets \$20/person; \$35/couple

Advance tickets from Elk Point Insurance, Video Point & Hometown Grocers

Music by: 45 Special - DJ Service

** Must be over 18 to attend **



CALLING ALL BINGO PLAYERS

GRAND OPENING

WEST END BINGO

ST. PAUL

DELAYED

FRIDAY, SEPTEMBER 28, 1996

FREE DABBERS to the First 100 Players (Evening Events)

WE HAVE 7 WINNERS to date taking home approx. \$239,892

WEST ST. PAUL DISTRICT CLUB BINGO ASSOCIATION REGRETS TO ADVISE THAT THE OPENING OF OUR NEW HALL IS POSTPONED DUE TO THE WEATHER CONDITIONS, HAMPERING THE COMPLETION OF OUR PARKING LOT AND GRAND OPENING SPECIALS WILL BE ANNOUNCED AT A LATER DATE

FRIDAY, SEPTEMBER 28, 1996

DOORS OPEN - 6:30 P.M. SALES - 5:00 P.M. PRECALL - 6:30 P.M.

LOCATED AT THE WEST END OF ST. PAUL

Security on Premises



COUNTY OF ST. PAUL NO. 19

Manned Landfill Sites Winter Hours

Effective October 1, 1996 to March 31, 1997

HOURS OF OPERATION:

SATURDAYS -- 11:00 A.M. - 5:00 P.M.

TUESDAYS -- 11:00 A.M. - 5:00 P.M.

MALLAIG	N.E. 24-60-10-W4
ASHMONT	N.E. 34-59-11-W4
WHITNEY LAKE	N.E. 8-56-4-W4
VINCENT LAKE	N.W. 8-59-9-W4

SATURDAYS ONLY -- 11:00 A.M. - 5:00 P.M.

ST. EDOUARD	N.W. 27-57-8-W4
LAFOND	N.W. 20-56-10-W4
LOTTIE LAKE	S.W. 34-58-11-W4
ST. VINCENT	N.E. 32-59-9-W4

TUESDAYS ONLY -- 11:00 A.M. - 5:00 P.M.

ST. LINA	S.E. 29-61-10-W4
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WINTER HOURS:

SATURDAYS -- 11:00 A.M. - 5:00 P.M.

TUESDAYS -- 11:00 A.M. - 5:00 P.M.

THURSDAYS -- 8:00 A.M. - 4:00 P.M.

TOWN OF ELK POINT N.E. 15-56-7-W4

If further information is required, please contact
Dennis Bergheim -- Phone 645-3301

ELK POINT SKATING CLUB

Registration Night

Wed., September 25, 1996

7:00 p.m. in the Arena

CANSKATE PROGRAM -- \$110.00

CAN FIGURE PROGRAM -- \$145.00

C.F.S.A. PROGRAM -- \$210.00

Payment can be made in installments



County of St. Paul No. 19

TAKE NOTICE that the following Development Permit has been issued in accordance with Land Use Bylaw No. 1146 of the COUNTY OF ST. PAUL NO. 19.

PERMIT NO.
1738

LOCATION
SW 6-58-7-W4M

Small Engine Repair Shop

Any person claiming to be affected by the said Development, may appeal to the Subdivision and Development Appeal Board by serving Notice of Appeal to the Secretary of the Subdivision and Development Appeal Board of the

COUNTY OF ST. PAUL NO. 19

5015 - 49 Avenue

St. Paul, Alberta T0A 3A4

within fourteen (14) days.

September 24, 1996

Ken Yettaw
Development Authority Officer

Elk Point Insurance & Realty Ltd.

4826 - 50 Street, Elk Point, AB
724-3926

1. ENJOY THE WINTER!

5126-58 Avenue - Curl up next to a heatilator fireplace in the family room of this four level split home. Warm fall evenings can be enjoyed in the private back yard with 6' fence, tiered flowerbeds and interlocking brick patio with firepit. Four bedrooms, 3 bathrooms, walk-in closet in the master bedroom all ensure ample family living. Includes fridge, stove, dishwasher, drapes, blinds and curtains. CALL FOR APPOINTMENT TODAY. REDUCED TO \$104,000.

2. QUIET COUNTRY LIVING

8.5 acres, 4-1/2 miles west of Secondary 640 and Highway 41. 14x70 - 2 bedroom mobile home in excellent condition, with fridge, stove, and drapes. Older dwelling can be used for storage or workshop. Very good 4-wire fence - crossfenced. ALL FOR ONLY \$42,000!

3. QUIET CUL-DE-SAC

5133-56A Ave. - 1453 sq. ft., four level split with large private back yard, adjacent to park reserve. Features 4 bedrooms and 1-3/4 bath on the upper level. A large living room with fireplace and formal dining area on main floor, and family room with patio doors to deck on level three. Attached 2-car garage and attractively landscaped lot round out the features. ONLY \$109,500.

4. APPLE TREES AND RASPBERRY PATCH

4914-53 Avenue - Two bedroom 576 sq. ft. bungalow in excellent condition. Comes with fridge, stove, curtains and blinds and storage shed. Nice back yard. GREAT STARTER HOME - ONLY \$29,000.

5. REDUCED TO ONLY \$23,580

Nicely finished one bedroom house with large kitchen and living room and partial basement. Two lots, 100'x150' in total size. Excellent location for duplex.

6. SAVE RENTAL PAYMENTS

There is a new roof on this 672 sq. ft., 2 bedroom home on a 50'x150' lot. Includes fridge, stove, and window coverings. ONLY \$17,000.



Larry Demchuk
724-2430

Holly Astill
826-4331

From the FCSS desk...

F. C. S. S. says thank you!

By Deanna Easthope
FCSS Director

To all those clubs, organizations and interest groups, on behalf of all of us — thank you for participating in our Annual Information Night. For all those people who were able to attend last Tuesday night at the Elks Hall, I know most people were appreciative of learning about what is happening in our community. Of course, Popcorn the Clown was enjoyed by all! And I don't want to forget all the door prizes — it just makes everything so special and fun!

Our community is really a special place to live because of all the things that take place in our "small town." It is the volunteers — and the people who give freely of their time and talents. Kindness in action.

A small child was asked to describe loving kindness. He said, "If I'm hungry and my mother gives me some bread and butter — that's kindness. But if she puts lots of jam on it, that's loving kindness!"

Information Night with all the sharing and giving that

was displayed — that's loving kindness! Thanks to everyone.

There were two buckets sitting on the edge of a well. One turned to the other with mouth drooping down and said, "All I do is go down and come up all day long. No matter how many times I go down and come up, I always go down empty." The other little bucket smiled brightly, "That's funny. I have the same task. All I do is go down and come up and go down and come up all day long. But now matter how many times I go down and come up, I always come up full."

That's positive thinking. Hope is positive thinking. Hopeful people are happy people who take the changes and chance of life in their stride, worrying not so much about what happens to them as what they do about it. They look for the best in people and make haste to be kind, to help, to appreciate.

The story of the buckets was taken from a talk by Stan Miller. I liked it because I think it describes what our clubs and

organizations do in our community of Elk Point. They are hopeful and show positive attitudes in their tasks. It is obvious that they believe in what



DEANNA AND A FRIEND welcomed everyone to FCSS's InformationNight.

they are doing. Our community is a better place because these people volunteer. They make a difference. Thank you, clubs and organizations — thank you, volunteers.

A very special thank you goes to the Elks for the use of their hall; Monique Penz, hall caretakers; and Mr. O'Neill's Media Literacy 9 and Alberta and Local History 9 classes for helping with moving the tables.

Congratulations to all the door prize winners, for information about the winners please contact FCSS at 724-3800.

Once again, thank you to everyone for making the 12th Annual Information Night a success.

OPENING SOON

Signatures
COLLISION & FRAME
ELK POINT

NOTICE

Lac La Biche - St. Paul

Progressive Conservative Association

FOUNDING MEETING

Wednesday, October 9, 1996 - 7:00 p.m.

Lions Den - 5133-55 Ave., St. Paul

Due to the recent Electoral Boundaries changes, the Lac La Biche-St. Paul Progressive Conservative Association is holding a founding meeting to elect a new slate of officers. Everyone is welcome to attend. Memberships will be available at the door.

EVERYONE WELCOME.

Elk Point & District Ukrainian Dance Club Meet Our New Instructor Tasha Kanasevich

Sept. 24 - Registration, 5:00 pm - 7:30 pm

Followed by Meeting at Elementary School, Art Room

October 1 - Dance Lessons resume Elementary School Gym

4 years old and up FREE, 3-week tryout

Interested in an adult group, just for fun?

Any questions or to register, call Iris at 724-2099

NEARTA holds Annual Meeting

The Annual Meeting of North Eastern Alberta Retired Teachers Association (NEARTA) was held in the Empress Restaurant, Elk Point on September 17. There were 32 members present.

The executive will remain the same for the next year.

After the meeting and lunch, we enjoyed music and songs by Gabe Bayduza and Jill Hartley, as well as an interesting talk by Jill.

Next meeting will be held November 19 in Bonnyville.

The Town of

ELK POINT

Notices & Information

DEVELOPMENT PERMITS

Permit #	Location	Civic	Developer	Development	Decision
96-12	Lot 14 & 15 Block 2 Pln 5389CL	4831 - 50 St.	Phil Sheplaw	Rebuilding of Home Hardware	Sept. 16/96

Any person claiming to be affected by the decision made by the Development Officer / Municipal Planning Commission may appeal by writing a NOTICE OF APPEAL to the Secretary of the Development Appeal Board, Box 448, Elk Point, Alberta within 14 days from the first publication of this notice giving reasons for the appeal. Such appeal shall be accompanied by a certified cheque or money order in the amount of thirty-five (\$35.00) dollars. Dated this 24th day of September, A.D., 1996.

J. Curt Svendsen Sr.

RE/MAX
Lakeland Realty
St. Paul - 645-5533
Elk Point - 724-3781
Broker/Owner - Glenn Harms



"My Heart Skipped a Beat"

Located on a beautifully landscaped lot in Elk Point, this 3 bedroom, 1190 sq. ft. split level offers everything you could want and more. Complete with fireplace, stove, fridge and dishwasher. **REDUCED - \$88,500.00.**



"Small Town Living"

Enjoy small town living with this 2 bedroom well kept home in Derwent. 2 bedrooms up and 1 down, large landscaped double lot, attached 8'x10' deck. Includes wood stove. Beautiful hard wood floors throughout. **\$34,000.00.**



"Charming Starter Home"

The perfect place to raise a family in this 1144 sq. ft. bungalow in Derwent. 3 bedrooms, 1-1/2 bathrooms, single detached garage, formal dining room and breakfast area are a few of this home's special features. Includes fridge, stove, older fridge and freezer, washer and dryer. **\$45,000.00.**



"Endless Possibilities"

Excellent concrete block building 16'x75'x22' high, located on 140'x50' lot in St. Paul with many possibilities. Wheel alignment rack included. This building has many possibilities and would make an excellent quick lube center or mechanic shop capable of holding 3 vehicles at one time. 12'x12' elevated storage shed included as well as older 23'x33' shop. Excellent location - 4921-49 Avenue. **\$60,000.00.**

"Easy Living"
Just like acreage living with this attractive house in Myrnam on double lot. Plenty of room for a family and pets in this delightful small town. New shingles and many inclusions in price! **\$24,500.00.**



"Your Dream Home"

Don't miss out on an opportunity to own this brand new home in Elk Point. Loaded with features, attached 2-car garage, 12'x18' deck, main floor laundry, 3/4 bath off master bedroom and many more. This luxurious bungalow can be yours for **\$108,000.00 plus GST.**



"Building Dreams"

Don't just dream about this brand new 1444 sq. ft. bungalow with attached 2 car garage in Elk Point. Finished concrete driveway and walks, 12'x16' deck. Purchaser to pick carpet, cupboards and paint. Also features large kitchen with pantry, 3 bedrooms and 2 full baths. Many extras. **\$122,000.00 plus GST.**

View Points

Sky watch

Hale-Bopp closing in

By Lois Ramer
Astronomy buff

"Hail Bob! We see you now as you hurtle toward your rendezvous with the inner solar system. The ride must be immensely spectacular and getting pretty warm as you approach the sun's rays!"

Hello again to all of you astronomy buffs. Last month I left you with a promise to report on a comet soon to be visible near Jupiter... our solar system's largest planet. Well, Hale-Bopp (not Hail Bob), which was first sighted by Allan Hale of New Mexico and Thomas Bopp of Arizona, amateur astronomers, is now visible in our skies. When these men first saw what is now called Hale-Bopp comet, it was July 1995 at a distance of approximately one billion kilometers from earth. Comparably, it is closer to us now and easily visible with binoculars if you are patient and interested in the content of those magnificent skies! Under dark sky conditions and a very warm sleeping bag (not 'sleeping boys' as printed in last month's article— sorry!) you'll be well pleased with the view. It will be a welcomed sight when Mr. HB can be enjoyed without binoculars, and perhaps the sleeping bag.

The 'show of shows' for this comet will be next march and April... seen low in the northwest after dusk. At this point in Hale-Bopp's journey he'll be his brightest due to the sun's proximity. From our vantage point here on Moosehills Road north of Elk Point, the show will be almost directly over the St. Paul area.

In your exploration for this comet, look for a shorter but brighter tail than that of Comet Hayakutake which we were awed by last spring. To find Hale-Bopp, at this date, aim your binoculars toward the constellation Ophiuchus. But first identify Jupiter, seen brilliantly in the south at dusk, then looking slightly to the right and north of Jupiter you'll see Ophiuchus. The accompanying map points out Hale-Bopp's location. At this moment of reporting I shall go outside to a good sky-watch spot and see where Mr. HB is... Oh! He is still quite a small, but large pea-sized hazy patch... about three fists (with your arm fully extended) above the horizon.

How are you liking the early a.m. view of the fiery Lady in the east? She inspires me to stumble to the patio door at 4:30, camera and tripod in hand. She, Venus, and the crescent moon will be visible together on October 9 at 6:00 a.m. That will make for some nice photography. And I do believe we'll have a first-class sighting of the Lady on our journey to that Celestial City one day. WOW!!

A note yet regarding the lunar eclipse of the 'Harvest Moon' this week... Thursday, September 26. It will be visible, skies permitting, across Canada. For Albertans, the moon will be rising just as the eclipse begins, approximately at 7:15 p.m., and total eclipse will be one hour later. Direct sunlight won't touch the moon yet it will still be visible, with a deep red or brown glow, due to sunlight being refracted by the atmosphere into earth's shadow. Mark your calendar, or Jim, your day-timer.

Community Choir's Tour of '96

By Shirley Osinchuk
Elk Point Community Choir

(Continued from last week)

Monday, August 5, on the road to Lausanne, Switzerland. We had to go through Austria for about 25 km, then into Switzerland. The European Union is very good for many things, but the countries are cooperating so well that we

were never asked to show passports, so did not have them stamped in Austria or Switzerland — we can't prove we were there.

It was a day of riding, and downstairs on the bus a crib tournament was underway. "Jake and the Kid" were beating all challengers until late in the afternoon when "Kibbles and Bits" beat the champs.

Then they beat their only challengers, "Double Ds" and are still claiming to be the European crib champs.

The theatre in the Casino de Montbenon in Lausanne held over four hundred seats, and had acoustics that were so good there was no need for mikes. The Swiss choir that opened the concert was apologetically introduced as members of other choirs gathered for the evening. They sounded

At 9:30 a.m., Tuesday, August 6, we had 800 km to go. Our French guide would meet us in Blois, France. It was a long drive, but a chance for naps and unwinding from a very busy week. The landscape changed to more like what we would see in Alberta, with larger fields, round hay bales, sunflowers, but no unused land. By afternoon, the land we passed was dry, green only under irrigation. We heard later that there had been no rain since May.

Finally, at 8:00 p.m. we were at the Hotel Ibis Blois.

Wednesday, August 7: Our guide, Frank Carroll promised a more relaxed schedule in France. There were many things to see but also time for just strolling or sitting. The first stop was Chambord, the largest chateau in France, one of 18 in the Loire Valley. Germany isn't the only country with castles. Chambord is now privately owned by was built in the early 16th century by King Francois I for a weekend hunting lodge. (440 rooms, 70 staircases, 500 windows.)

(To be concluded next week.)

Nutrition notes

Low fat, low fat, low fat!

By Julia Painchaud, Dietician
Elk Point Health Centre

Everywhere you look foods are being labeled low in fat. What does low in fat mean? By law, for a food to be labelled low in fat it must have less than 3 grams of fat per serving and be low in saturated fat. Check the serving size of the product, though, it may be different from what you are consuming. This will change the amount of fat and calories eaten.

Dieticians are recommending decreased fat intake because a small reduction can go a long way to improving your diet and your health. Fat is the most concentrated source of energy that we can get from food. For comparison: one gram of starch/sugar has four calories and one gram of fat has nine calories. Therefore fat (all types — margarine, butter, oil, lard, shortening and fat found in foods) has twice as much energy per gram. This can make a big difference in

terms of weight loss or gain. Plus reducing your fat intake reduces your risk for developing heart disease and certain cancers, and maintaining a healthy weight can decrease your chances of developing adult onset diabetes.

To reduce the fat content of your diet try:

- 1) decreasing / eliminating added-on fats (ie. margarine, butter, dressings, spreads)
- 2) lower fat alternatives — light or ultra low fat dressings, sour cream
- 3) choosing lower fat dairy products
- 4) smaller servings of meats, fish, poultry (remove visible fat and skin before cooking)
- 5) cooking methods that don't require fat to be added and let fat from the food drain away
- 6) to decrease the fat content of baked goods (ie. applesauce or low fat yogurt)
- 7) lower fat snack foods (ie. pretzels, hot air popcorn, baked tortilla chips)

Faith

By Rev. Sam Donaldson
Elk Point Christian Community Church

We live at a time in history when humanism is the religion of the majority of people. This is true of western civilization, Canada and our Elk Point community.

Could I ask you to examine yourself to see how much humanistic philosophy influences your thinking?

To enable you to proceed with this examination, let me define humanism.

Humanism is that worldview that sees man as the centre of his universe. He is autonomous (ie. his own boss), in control of his own destiny.

This present age

Starting from himself he can discover all truth about himself, the universe and God. Actually he defines who and what God is. Man determines his own values, ethics and laws. For him there are no absolutes. All is relative.

I can hear you say, "this is not me." Are you sure? How do you determine your values? Are they drawn from the Bible? For you, is there absolute right and wrong?

Do you pray about your plans, and seek God's guidance? Is your God the God of the Bible? The biblical God is the absolute sovereign. The one who is in control of all events that happen in time, space, his-

tory. This God has determined whatever comes to pass. No one, angel, devil or man can change or frustrate the will of this God. Isa. 14:24, 27

In the area of redemption this God has chosen for himself a people out of the mass of fallen humanity. These he has predestined to eternal glory in Christ. Rom. 8:28-30. All of these chosen ones he will draw to faith in Christ (John 6: 37, 44) and none of them will be lost. John 6:39.

How do you match up to this examination? Any objections to the above statements? Is your God the God of the Bible or the God of your own making?

The Elk Point REVIEW

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What's news at the library?

The latest titles in juvenile series have arrived!

By Michele Ducek
Librarian

The latest batch of titles in our juvenile series have arrived:

One day Felix decides that he'll be a mind reader and he gets caught up in an adventure involving a frog princess and a magic moonstone in **Felix and the 400 Frogs** by Jon Buller and

OBITUARY

GOTTENBOS,

Tammy Bonnie (Nelson)

Born July 20, 1926, died Sept. 20, 1996 at the age of 70.

She will be lovingly remembered and sadly missed by her husband, Alan of Edmonton; sons Christian and Jonathan; her parents, Chuck and Sharon Nelson of Sherwood Park; her sisters, Michelle Nelson of Edmonton; Jackie (Gary) Belter of Edmonton; Susanne Nelson of Edmonton; brothers, John Nelson of France; James Nelson of Sherwood Park; grandparents, Walter and Alice Crosswell of Westlock; Gwen Nelson of Lindbergh; a special aunt, Bonnie Kennedy of Stony Plain; nephews, nieces, aunts, uncles, cousins and friends. She was predeceased by her brother Christian in 1974 and her grandfather Edward Nelson in 1985.

Those wishing to pay their respects may do so from 12:00 to 12:40 p.m. on Thursday, Sept. 26 at the Church of Jesus Christ of Latter-Day Saints, 2090 Sherwood Drive, Sherwood Park. Funeral Services will follow at 1:00 p.m. Bishop Michael N. Allred will be officiating.

In lieu of flowers, donations may be made to a trust fund for Tammy's sons. 2700, 10104-103 Ave., Edmonton, AB., T5J 0H8.

Susan Schade. **A Step Into Reading** book.

Jonathan Cain, the new boy in town, has caught Jessica's interest by Elizabeth doesn't like him at all in **Tall, Dark and Deadly** from Sweet Valley High.

In order to stop the nightmares of the Riccoli kids, Elizabeth and Jessica must enter the deadly world of dreams in **The Beast Must Die** from Sweet Valley Twins, the third book in a four part miniseries.

Karen and her cousin fix up a hidden garden and special things begin to happen there in **Karen's Magic Garden** from Babysitters Little Sister.

Stacey is excited about a week-long babysitting job in New York but she suspects her boyfriend may be seeing another girl in **Stacey's Broken Heart** from the Baby-sitters Club.

The BSC's new clients are a feuding family searching for a hidden treasure and Dawn is determined to patch up the feud and find the treasure in **Dawn Schaefer, Undercover Baby-sitter**, a Baby-sitters Club Mystery.

Lisa learns her mother has enrolled in a fancy boarding school two hours away from Lisa's home and all her friends in **Wild Horses** from the Saddle Club.

And new in picture books:

Pauline, the hen with an unusual egg-laying talent, is back in **Eggs Mark the Spot** by Mary Jane Auch. Pauline is invited to an art exhibit to create her egg masterpieces inspired by the art she sees and the chicken manages to foil a robbery.

Too Much Talk by Angela Shelf-Medearis and Stefano Vitale is a retelling of a traditional West African tale where yams, fish, cloth and even the chief's chair all voice their opinion.

Franklin wants to be the best player on his soccer team but he can't kick the ball straight in **Franklin Plays the Game** by Paulette Bourgeois and Brenda Clark.

Franklin invites Bear over for their very first sleepover in

Franklin Has a Sleepover by Paulette Bourgeois and Brenda Clark.

When the emperor wants an extra special outfit to wear on his birthday, two clever strangers make him a suit that can only be seen by wise people and not fools in **The Emperor's Birthday Suit** by Cindy Wheeler with illustrations by R. W. Alley. **A Step Into Reading** book.

Patty Jane Pepper is back and this time she has been told that she has to sit at the supper table until she eats a bite of spinach in **Now I Will Never Leave the Dinner Table** by

Jane Read Martin and Patricia Marx with illustrations by Roz Chast.

LIBRARY CALENDAR:

Fridays, 10:30 a.m. — Storytime

Monday, October 14, 1996 — Friends of the Library have an evening bingo in St. Paul.

CHURCH SERVICES

Elk Point Baptist Church

5705 - 49 St., Elk Point

Pastor Jim MacLellan - 724-4194

Family Worship Service

Sundays - 10:00 a.m.

Sunday School for

All Ages - 11:15 a.m.

Call Church answering service for current programs and times.

United Church of Canada

Elk Point

Rev. Norm Hartley - 724-3616

CHURCH OFFICE HOURS

Normally - Mornings Tuesday to Saturday

WORSHIP SERVICES

Sunday - 10:00 a.m. Church

Service; 10:00 a.m. Sunday School

Elk Point Christian

Community Church

Rev. Sam Donaldson - 724-2493.

Railway Avenue and 53 St.

Sunday Worship Service - 11:00

a.m.; Sunday School - 10:00 a.m.;

Youth Group (Fri. Club - Gr. 4, 5 & 6)

2nd & 4th Fri. 7 p.m.; Office hours -

Thurs. & Fri. 9 a.m. - 12 noon

Bible Fellowship Church

Clandonald

Services held every

Sunday at 11:00 a.m.

St. Michael's Catholic Church

Sunday Mass 12 p.m.

Bethel Lutheran Church

of Lea Park

Sunday Worship Services, 10:00 a.m.

St. Vladimirs' Ukrainian

Orthodox Church Elk Point

For service times, call 645-5156, St.

Paul or 724-4351, Elk Point.

COMMUNITY NEWSLINE

UCW RUMMAGE STORE - will be open
Fridays October 4 and October 18.

Elk Point Mini-Market - Fridays 11 a.m. to 3 p.m. in Macleods store, Main Street. To book tables, call Lois at 724-3823 or Elsie at 724-3792.

"Mother to Mother" Breastfeeding Support Group - meets 4th Monday of every month, 10 a.m. Next meeting March 28. Call 724-3332 for more info. Expectant mothers and older siblings welcome.

Elk Point Parent Nursery - Wed. and Thurs. 10 a.m. to Noon, Elk Point Baptist Church Basement. Children under 6 and parents welcome. For more info, call Donna Arnold at 724-3373.

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Ave. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. and Thurs. 1 p.m. to 5:30 p.m.; Wed. 2 p.m. to 9 p.m.; Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri. at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950.

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m.. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.



It doesn't take a
Genie - us to
know you're 40 -
Welcome to
"The Club"
Happy Birthday
on the 27th.

S.S. #1

Girl Guides of Canada
Call for Details: 1-800-565-8111

Business Directory

E. Koss Trucking Septic Service

Pumping out of:

- Septic Tanks
- Mud Pits
- Flooded Basements, Etc.

Pump Sales

Mobile XJ5-8075 St. Paul 645-5345



Jo-Al's Septic Tank Service -
Holding Tanks * Septic Tanks *
Car Wash * Sumps * 1500-gal.
Capacity. Ph. 24 hrs. Service.
Heinsburg, AB., 403-943-2465.
Jo & Allan MacDonald.

CARDAN ELECTRIC

Dan Spitzer, Master Electrician

403-724-2886

24-Hour Service

Residential, Farm,

Commercial & Oilfield

No Job is Too Small

FREE ESTIMATES

LOUGHRAN CONSTRUCTION

Box 326, Elk Point, AB

Residential, Commercial

Farm Buildings & Renovations

CALL DAYS OR EVENINGS

KERRY 724-2802

**ELK POINT
INSURANCE &
REALTY LTD.**
Phone 724-3926

Box 418, Elk Point,
Alberta T0A 1A0

"Service is our motto"

**VICTOR STEPA &
LARRY DEMCHUK**

ELITE THEATRE

Movie Information Lines

St. Paul, 645-3448. Two Hills, 657-3339

Feature Subject to Change Without Notice

LAST 3 DAYS

September 24, 25, 26

DAMON WAYANS

ADAM SANDLER

BULLET-

PROOF

Rated: Mature, Coarse Language

& Violent Scenes

STARTS FRIDAY

September 27 - October 3

TIN

CUP

KEVIN COSTNER

RENE RUSSO

Rated: Mature

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

CLASSIFIED INDEX

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1 AUCTION

UNRESERVED TRUCK and Equipment Auction, Mon., Oct. 21, 1996, 8:00 a.m. Selling on behalf of the City of Calgary, TransAlta Utilities Corporation, Alberta Transportation, Telus and other consignors. For further information or to consign equipment, call CPA - Canadian Public Auction Ltd. 403-269-6600. Web site <http://www.bmlive.com/cpa>. 1-39

2 AUTO

1978 PREMIER TRAILER - 24'x48' plus 240 sq. ft. porch, 16'x22' garage in Willingdon, Alta. \$27,500 obo or \$23,000 obo for trailer only. Phone 489-2190. Sept24

1992 GMC 1500 SIERRA SL - 4x4 extended cab, 8' box, 350 auto., 130,000 km, rebuilt trans., extra leaf in springs, good shape, \$16,500 obo. 656-3056. Sept24

Consign your car, truck, motorhome, motorcycle with confidence.

**Ron at
Specialty Motor Car**
5037-50 Ave., St. Paul - 645-6998

2 AUTO

THINKING OF SELLING your truck? Is your lease due? We buy vehicles for cash. Wanted clean, low/average mileage, '88 and newer trucks and sport utility 4 X 4's. 1-800-791-8120. 1-39

JEEP OWNERS! Parts, accessories for Jeeps from 1942 to present. Fall sale, huge savings. Call now! Gemini Sales, 4736 E. Hastings, Burnaby, BC, V5C 2K7. 604-294-2623. 1-39

3 BABYSITTING

PREFERRED PERSONNEL of Canada. Serving families since 1983. Specializing in live-in nannies for \$845/month. Quality care takes time. Apply now for spring placement. 1-800-406-2012. 1-39

4 BUSINESS OPPORTUNITIES

ELIMINATE YOUR LONG DISTANCE PHONE BILLS - And earn cash. Phone after 4:00 p.m., Elaine 635-4113. Oct1

SIMPLE HOME BASED BUSINESS - No financial risk. Lifetime income. Not Amway or MLM. I encourage anyone 18-65+ to phone Thomas at (403) 724-2754. Sept24

4 BUSINESS OPPORTUNITIES

NEED EXTRA INCOME? - Stuffing envelopes. Rush S.A.S.E. to MLT & Associates, 5406-38A Ave., Edmonton, AB, T6L 2H4. Oct1

GOVERNMENT FUNDS. Government assistance programs information available for your new or existing business. Take advantage of the government grants and loans. Call 1-800-505-8866. 5-40

GREAT CANADIAN Dollar Store franchise opportunity now available in your area. \$55,000 - \$60,000. investment (including stock). #201, 321 St. Julian St., Duncan, BC, V9L 3S5. Fax 604-746-6135. 1-39

PUT YOUR AD in the Internet Classifieds for pennies a day. Free details: Cyberad, 7520 - 2 Ave. S.W., Edmonton, AB, T6X 1A3. Fax: 403-437-2720. 1-39

FOR SALE: Bakery in Elk Point, AB. Due to health reasons, this vibrant business must be sold. Can be purchased with or without building. Call 403-645-5496. 1-39

ATTENTION ENTREPRENEURS: perfect timing. Unique opportunity with internationally established company. Create a secure income for your family. Call now for details: 1-800-374-6447 ext. 3762. 1-39

\$ NEED MONEY \$ Call 403-484-5379. Quick approvals anywhere in western Canada. Property purchases and equity takeout loans. Flexible terms. Poor credit ok. Provincial Equity Funding Corp. 1-39

INVESTORS. 1st mortgage \$32,500. @ 18%, \$732. per month, 1 year term. 2nd mortgage \$18,000. @ 18%, \$405. per month, 2 year term. 403-452-5858, Consolidated Mortgage. 1-39

THRIVING SPORTING GOODS business in Ponoka, AB. Excellent downtown location, in business for 22 1/2 years. Anxious to sell. Contact 403-783-4616 or 403-783-2230 for further details. 1-39

KIDS ONLY CLOTHING. Start your own home based business selling a unique line of children's clothing, 100% cotton, Canadian made, grow features. Positions available for fall 1996. Janine 403-257-3057. 1-39

FULL-TIME, part-time or business add on, great renovation product, patented. Convert existing bathtubs into hydrotherapy spas, (without removal). No plumbing required. \$1,000. investment secured by marketing materials, training video, conversion kit, hands-on training, 100% return on investment. Enormous potential, thousands installed. Call Whirlbathe Canada 403-489-0364. 1-39

LITIGATION LAWYER: My litigation associate retired on very short notice. His practice in Ponoka is available for a lawyer with experience. Fax resume to: Lowden & Associates 403-783-2190. 1-39

FINALLY a common sense home based business with staggering income potential. No hype or meetings. Learn investments legally protect earnings/taxes. Immediate earnings. Call 1-800-995-0796 ext. 3340. 1-39

6 EMPLOYMENT OPPORTUNITIES

IMMEDIATE WORK FOR - Apprentice / Journeyman Electrician. Phone 645-5930 or 645-3087. Sept24

BE A SUCCESSFUL WRITER....write for money and pleasure with our unique home-study course. You get individual tuition from professional writers on all aspects of writing - romances, short stories, radio and TV scripts, articles and children's stories. Send today for our Free Book. Toll free 1-800-267-1829; fax 1-613-749-9551. The Writing School, Suite #2608, 38 McArthur Ave., Ottawa, ON, K1L 6R2. 4-40

REQUIRED IMMEDIATELY, picker operators, bed truck, and winch tractor operators. Also H.D. mechanic. Send resume to: Box R c/o Bonnyville Nouvelle, Box 8174, Bonnyville, AB, T9N 2J5. 4-41

6 EMPLOYMENT OPPORTUNITIES

INTERNATIONAL SCHOOL of Auctioneering, Canada's oldest established auction school. Learn to be professional auctioneer from some of the best in the business. Join us! Olds College Campus. Next class Oct. 14/96. 1-800-465-7578. Free brochure. 4-40

AN EXCELLENT WAY to save money. Since 1975 students have been saving money with an income tax preparation course from U & R Tax Schools. Study at home in your spare time. For free brochure, call: 1-800-665-5144, U & R Tax Schools. 4-39

RETAIL FERTILIZER and ag. chemical sales outlet requires Plant Managers who will be responsible for all aspects of retail sales of fertilizers, ag. chemicals and a comprehensive custom application program. The successful candidates should have experience in bulk fertilizer plant operation, have excellent marketing skills, must be self motivated, willing to work extra hours as needed and able to relocate. An agricultural degree or equivalent is preferred. We offer a good starting wage, performance bonus and a benefits package. Please reply in strictest confidence by Oct. 31, 1996, stating experience and wages expected to: Box 29, c/o AWWA, #360, 4445 Calgary Trail S, Edmonton, AB, T6H 5R7. 2-40

EXPERIENCED Heavy Duty Mechanic Full-time position. Temporary accommodation available. Wages negotiable based on experience. Send resume to: Rick Penchuk, fax: 1-403-523-5910. 2-39

INNISFAIL CO-OP AGRO requires full-time individual to join team for agriculture related product sales and service. Extensive experience and/or related educational accomplishments a definite asset. Attitude and people skills more important. We are competing in fertilizer, chemical, petroleum, equipment and general farm supply products. Excellent salary/benefit package. Fax resume: Don Beardsworth 403-227-1684. 2-39

L.E. MATCHETT Trucking Company Ltd., Saskatoon, SK needs seasonal and full-time truck drivers to haul anhydrous ammonia for the fall season Sept. 15 - Oct. 31. Must have Class 1A licence, good driving record and at least one year driving experience. Call Arnold 306-242-5899 between 8 - 5 p.m., Mon. - Fri. 2-39

SUNSHINE VILLAGE Ski Resort, Banff requires enthusiastic, well presented, reliable individuals committed to service excellence. Enjoy more mountain, more opportunity! Various seasonal positions. Reply: Box 1510, Banff, AB, T0L 0C0. Fax 403-762-6513. Only those to be interviewed will be contacted. 1-39

JOIN a winning team. Be first to market Sheer non-run hosiery and fashion accessories in your area. High profits. Training. Advancement. 1-800-749-3296. 1-39

AUTOBODY man required. GM experience an asset. Please submit resume to: Stan Johns, Service Manager, Doug Marshall Chev Olds Cadillac, 403-532-9333. 11044 - 100 St., Grande Prairie, AB, T8V 2N1. 1-39

REQUIRED IMMEDIATELY: 3rd year or journeyman technician for progressive automotive shop in Pierceland, SK. Tune-up, wheel alignment experience preferred. Wages negotiable. Call Dave's Auto Repair 306-839-2014. 1-39

ACCESS PROGRAMMER - looking for entrepreneurial Windows programmer to convert DOS based package to Windows using Microsoft Access 2.0 with Windows 3.11. Telephone 1-403-624-1415, E-mail: bcswwids@agt.net. 1-39

MANNATECH INC. - independent associates Denis and Clara Pequin. For home base business information. For product information. To register for master training in your area, 1-800-661-9272. 1-39

6 EMPLOYMENT OPPORTUNITIES

BODY SHOP service advisor/foreman. Ulmer Chev Olds (Lloydminster) requires an advisor for customer contact and office administration. Technical experience required for adjustments and accessory installation. Successful candidate receives specialized training. Ulmer Chev Olds offers a benefit package plus career opportunities with five dealerships. Candidate should have proven public relations ability, Grade 12 education and some technical experience. Send resumes to: Ulmer Chev Olds, 2101 - 50 Ave., Lloydminster, SK, S9V 1Z7. For further details, contact Dale Robertson at 1-800-661-6372. 1-39

WANTED - experienced bed truck operators, winch tractor or picker operators. Rig moving service work. Phone Cage Transport 403-223-3771. Top wages, good benefits. Year round employment. 1-39

FULL-TIME PRODUCTION person. Quark Xpress design and typography required. Able to work quickly in busy newspaper environment. Fax resumes to: 403-762-5274. Attention: Sandra Santa Lucia, Publisher, The Banff Crag and Canyon. 1-39

AUTOBODY TECHNICIAN required immediately. Journeyman or equivalent. Top wages, benefit plan and travel opportunities. For information call Tony 306-753-2988 or fax resume to 306-753-2808. 1-39

JOURNEYMAN, sheetmetal mechanic experienced in retrofitting, residential construction, fabrication, furnace service work, make-up air units, boiler systems. Willing to do plumbing service work when metal work not available. Permanent work. Fax resume: 403-349-4232. 1-39

RETAIL ROUTE SALES - Schwan's Canada Ltd. expanding throughout Alberta. Route opportunities, salaried or commission. For information packet call 1-800-661-5873. 1-39

HARDWARE SUPERVISOR required for rural outlet. Experience merchandising, ordering, pricing stock required. Must relocate. Apply: 365, 3 - 11 Bellerose Drive, St. Albert, AB, T8N 5C4. 1-39

PARTS PERSON required for rural retail outlet. Automotive parts and/or mechanics experience required. Must relocate. Apply: 365, 3 - 11 Bellerose Drive, St. Albert, AB, T8N 5C4. 1-39

WE ARE SEEKING a sales professional who desires a challenging growth opportunity through an ability to manage an established territory. Must have proven sales experience with agricultural equipment or related field. Must be self-motivated and enthusiastic with excellent communication and organization skills. Excellent remuneration package with company benefits. Please send resume to: Alberta Machinery, 4716 - 38 St., Camrose, AB, T4V 3T5. 1-39

CARETAKER REQUIRED for 40 acre farm located in Langley, BC. Must be fit, enjoy outside work and gardening. House included plus salary. Fax 604-857-9029. 1-39

7 ENTERTAINMENT & EVENTS

CATTLE RAFFLE - Win 40 bred heifers (approx. \$34,000.). 2nd prize - 10 bred heifers (approx. \$8,500.), plus 28 cash prizes (\$9,820.). 2,000 tickets, \$60. each. Write the Nanton Hub-Cap Society, Box 400, Nanton, AB, T0L 1R0 or phone Joanne, 403-646-3160. Draw - October 18/96. Licence #R127296. 2-39

INSTA RANCHER - 50 bred heifers. Cowboy Countdown '96. Box 2184, Lloydminster, SK, S9V 1R6. 403-875-0002. 1-39

PIZZA/PASTA wholesale manufacturing company seeking the following groups regarding fundraising: schools, scouts, churches, sport clubs, etc. Profit potential of 60% - 80%. Call Ken 1-800-752-0399, Calgary 403-273-1032. 1-39

LAKELAND MARKETPLACE
COMBINATION CLASSIFIEDS

Your classified ad can be read in over 20,000 papers.
Select your classified readership for as little as \$3.00 / week.

THE WINNING TEAM



YOU
AND THE
CLASSIFIEDS
GET YOU
WHERE YOU
WANT TO GO

CLASSIFIED AD RATES

St. Paul Journal / Two Hills County Journal

Tuesdays - \$4.00 per week + G.S.T.
Elk Point Review

Tuesdays - \$3.00 per week + G.S.T.
Grand Centre Sun

Tuesdays - \$3.00 per week + G.S.T.
Bonnyville Nouvelle

Tuesdays - \$3.00 per week + G.S.T.

Combination of all papers - \$12.00 / Week

(20 cents per word per newspaper insert over 25 words)

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

Place your order at either of our offices:

St. Paul Journal - 645-3342

Elk Point Review - 724-4087

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

8 FEED & SEED

HAY FOR SALE - Round bales, no rain, protein tests available. Phone 645-4293 after 5:00 p.m. Sept24

FOR ALL YOUR ROUND BALE, GRAIN & LIVESTOCK HAULING - Contact Poulin's Transport at 645-4575. Local distributor for Legal Alfalfa Products. Sept24

ROUND and square hay and straw bales for sale. We deliver. Also buying good hay and straw. 403-349-5067. 4-39

ROUND HAY BALES for sale cheap. Free delivery, self unloading. No Sunday calls. 403-843-6380. 1-39

9 FOR RENT

FOR RENT - Truck stalls, located in Cordean Shop, Lindbergh area. Please phone 403-875-7059 after 6:00 p.m. Oct15

FOR RENT - 3 bedroom mobile home on acreage, 14 miles from St. Paul, near Lafond, \$350/month, \$350 d.d. Phone 645-6929. Oct1

YOUNG FAMILY LOOKING TO RENT - 2 or 3 bedroom house or mobile on acreage between St. Paul and Elk Point or around Elk Point area. Call Gayle at 1-426-3292. Oct1

2 & 3 BEDROOM MOBILE HOMES - Starting at \$150 per mo.; free lot rental at Sun Country Village (between St. Paul and Elk Point); mobile homes (new and used). Rent * Sell * Consign * Buy * Trade * Rental Purchase. Sun Country Homes, 645-2590. Oct1

1, 2 & 3 BEDROOM APARTMENTS - in Elk Point. Furnished or unfurnished. S.S. Management. Contact 724-4138 or Steve or Mary Ann 826-2250 for more information. Residential Caretakers needed. xxx

LOVELY WELL KEPT farm home overlooking Derwent Village: \$300. Carl 466-5263. xxx

3 BEDROOM HOUSE in Central Elk Point, includes utilities, \$500.00. Phone 1-435-1481. xxx

10 FOR SALE

FOR SALE - Lumber 2x6's, 2x8's, 2x10's. Random lengths. Stamped and graded. Call 645-6955. Oct1

SEPTEMBER CLEARANCE - 16 X 80, 3 bedroom, 2 bath, \$44,995. + GST. 16 X 72, \$39,995. + GST. Modulars starting under \$45. per square foot. Legend Homes, Calgary, 403-259-5836. 3-40

ONE ONLY! New 16 ft. wide reduced to \$34,995. Includes delivery 100 miles of Calgary. Call now: 403-235-5850. M & K Home Sales, Calgary. 2-40

JANDEL HOMES - Alberta's Home Centre. 16 wide, 3 bedroom, all gyproc interior, skylight, appliances, delivery/blocking. \$32,900. 5% down, \$275. per month O.A.C. 1-800-463-0084, 1-403-478-1404. 2-39

CENTRAL ALBERTA Custom Homes want you business. We offer quality homes, affordable prices. 16 X 72 starting at \$39,900. Delivery 100 miles. Central Alberta Custom Homes, Red Deer 1-800-347-5590. 1-39

CELEBRATE with Ridgewood Homes. Factory direct, 1200 sq. ft. Anniversary Home, fully loaded, 5% down, \$46,900. You'll never see this price again. Call 403-470-5660 now! 1-39

\$46,900. F.O.B. factory direct pricing. New 1996, 16 X 80 includes 3 bedrooms, 2 baths, vinyl siding, cathedral ceilings, wrap around china cabinet, corner garden tub, skylight, appliances and more. Free credit approval. Ridgewood Homes, Red Deer 1-800-797-5714; Calgary 1-800-797-5717. 1-39

WANTED IMMEDIATELY. 6 used mobile homes, '74 or newer. Cash paid immediately. Vacant homes get priority. 1-403-447-1766. 1-39

1981, 14 X 70 MOBILE home. 3 bedrooms, 1 bath, front kitchen, 4 appliances, shingled roof. \$20,900. 100% financing O.A.C. 1-403-447-1766. 1-39

10 FOR SALE

YOUR CHOICE A25 X 30, \$6906. Q30 X 40, \$8278. S35 X 50, \$10,854. Price includes ends, sliding door, G.S.T. and freight to Calgary - Edmonton. Call Future 1-800-668-5111. 4-39

PUZZLE LOVERS: Enjoy the world's greatest puzzles. Send for free mini catalogue of current favourites. Games People Play Inc., RR#2, Crossfield, AB, T0M 0S0. 2-40

FARM AND business specials. VHF - UHF, 2-way radios and portables - add ons to existing systems - aurora and XJ phones. Western Midland Communications. 1-800-289-6918, 403-250-9433, Calgary. 2-40

32' X 48' X 12' FARM SHOP, straight wall, galvalum cladding, \$6490. Colored cladding, doors, windows, labor and freight extra. Mastercraft Building Systems Ltd. 1-800-822-1836, Calgary 403-269-4117. 1-39

METALCLAD SHOPS / warehouses / arenas. Will build anywhere, straight wall construction, lowest prices, prompt service. Engineering and design available. Apex Building Systems, Calgary, 403-280-2739; 1-800-679-APEX (2739). 1-39

DANCE VIDEOS: Learn social, country, line-dancing easily. Free list of 500 varieties, all rhythms: Cha-Cha, Mambo, Quick-step, Rumba, Merengue, Samba. Canad"A"merica, 2019 Aylwin, Montreal, H1W 3C4. 1-39

TOTAL PACKAGE of furniture, fixtures and equipment for Woody's Roadhouse, a 125 seat restaurant/pub complete with 63 seat patio at the Valley Centre Mall, Whitecourt, AB. For additional information, or a detailed list of items available or to view, contact Kim at 403-526-5360 or 403-548-7428. Offers may be delivered to Rick Holdings Ltd., #101, 266 - 4th St. S.W., Medicine Hat, AB, T1A 4E5 or faxed to: 403-529-6849. Lowest or any offer not necessarily accepted. 1-39

13 LIVESTOCK

HAVE COWS TO PUT OUT ON SHARES - Within 100 mile radius of St. Paul. Phone 645-6929. Sept24

FULLBLOOD LIMOUSIN BULLS - Easy calving. 2-year-olds and 1-year-old, also 16' hitch horse trailer, 2 years old, like new, spare, mats. 645-6933. xxx

STOCK & HORSE trailers. 16 ft. gooseneck \$6575.; 20 ft. gooseneck \$7575.; 16 ft. bumper \$5375.; 16 ft. carhauler \$2375. 0 down 0 payments for 1 year. 403-672-6807. 1-39

ALPACAS - Free report reveals how farmers, investors and acreage owners are making hundreds of thousands of dollars raising alpacas. 24 hour recorded message 403-440-4697. Leave mailing details. 4-41

ARABS. 10 year old chestnut broodmare. 2 year old chestnut gelding. 2 year old chestnut filly. Youngsters, easy to handle, well started. \$2,000. each o.b.o. 403-947-2551. 1-39

MINIATURE DONKEYS are intelligent, classy, adorable, friendly little animals. Visitors are welcome at Bubalou's Miniature Farm. Excellent pregnant miniature donkeys for sale. Phone Marilyn 1-403-783-6171. 1-39

15 MACHINERY

FOR SALE - 1985 Claas round baler, electric tie, chain oiler, field ready. Phone 645-3568. Sept24

16 MISCELLANEOUS

OLYMPIC BUILDING SYSTEMS your fully engineered approved agricultural commercial building supplier. Buildings custom designed to your needs and area conditions. For information package call 1-800-426-0459. 1-39

\$NEED MONEY\$ call 403-452-5858. Immediate approval. Debt consolidation, farm, acreage, city, home and mobile purchase. Interim financing. Consolidated Mortgages Ltd. 1-39

18 PERSONAL

HEAVENLY PSYCHIC Answers serving over 50 million readers and multi-talented psychics. Free astrochart with your first reading! Relationships, Future, Career. \$2.99/minute. 18+ 24 hours. 1-900-451-3783. 5-40

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19 PETS

KITTENS: TO GIVE AWAY - Some are litter trained. Call 724-4206. Sept24

20 REAL ESTATE

1974 - 14X54 - 2-BEDROOM MOBILE HOME - 2 additions, small shop on 2 fenced and beautifully landscaped lots. Apple / pine trees / flowers. Moving, must sell. 726-4037. Oct1

FARM FOR SALE BY OWNER - 8 miles north of St. Paul. 1/2 section, land, house, barn, granaries. Call 645-4274. Sept24

GORGEOUS 6.9 ACRES - Well treed, 2670 sq. ft. house, huge 3 bedrooms, free standing fireplace, ash cupboards, 2-1/2 baths, 2-car garage, steel shed, greenhouse, rootcellar, plus extras. Must be seen. Call 645-3128. Oct8

SPACIOUS RANCH LIVING bordered by flowing creek, ample water supply. 640 acres established ranch in the beautiful Valleyview area, 20 minutes from all services. For a limited time all equipment and cattle available for purchase. A must see, for more information call 1-403-524-4348. 2-40

CROWNEST MOUNTAIN condominiums. Retirement, recreational, investment. Full ownership, not time share. One and two bedrooms from \$24,900. Newly renovated, including new appliances. Full service community, shopping, recreation, hospital, R.C.M.P., etc. Two hours from Calgary in Alberta Rockies. 403-562-2868 2-40

480 ACRES FENCED, 400 acres marketable timber, 40 acres hay and pasture, two large dugouts, oil revenue, 7 miles S.W. of Valleyview. 403-524-2850. 2-39

800 ACRE FARM in the Heart of the Peace Country. Level land on pavement. 1 hour from Grande Prairie. Landscaped yard and modern home. 403-694-2435. 1-39

RANCH - 9600 acres of excellent grass and water, 10 miles of lake frontage. 700 cows included plus complete line of equipment and buildings. 204-449-2002, 204-449-2332. 1-39

FOR SALE: clean 300 acres. 30 miles north of Peace River, AB. 200 acres cultivated. Timothy contract. Power, old buildings, \$60,000. Taxes \$219. Phone 403-443-7993. 1-39

MODERN 1760 square foot air-conditioned building on Main Street, Pierceland, SK. Set up as fully equipped restaurant, lounge, bakery - \$119,900. Building \$80,000. Pierceland Real Estate 306-837-2255. 1-39

21 RECREATIONAL

1986 HONDA 350 FOURTRAX 4X4 - Warn winch available, good condition. Call 853-2200. Oct1

21 RECREATIONAL

FOR SALE - 1991 Kawasaki Quad 4WD; 1986 Kawasaki Quad 2WD. Both units are in excellent condition. Phone 645-2380 evenings or 645-5040 days. Sept24

FOR SALE - 1995 Yamaha 340 Ovation, electric start, 2700 km, \$4,000. Phone 635-2512. Sept24

VOLUME PURCHASE '96 Golden Falcon Tour Edition. 26' 5th wheel with slideout. Fully loaded. Regularly \$34,900. now only \$27,900. Woody's RV World, Red Deer 403-346-1130. 1-800-267-8253. 1-39

CASH PAID IMMEDIATELY for good used RVs. Call Woody's RV World, Red Deer, 403-346-1130; 1-800-267-8253. 1-39

TOP DOLLAR PAID for 1980 or newer RVs. We will pay you immediately for late model, good condition, clean RVs. Woody's RV World, Calgary. 1-800-531-4695, 403-240-1212. 1-39

22 SERVICES

CUSTOM BALE HAULING - Self-unloading - 30-bale capacity (formerly Baileys), Call Jim at 645-6995 or 645-0147 (cell.), St. Paul. Oct15

22 SERVICES

CEMENT WORK - All types of sidewalks, patios, driveways, etc. Placing, finishing, form work. Exposed aggregate, my specialty. Over 20 years experience. Free estimate. 635-2593, message. Prompt service. Sept24

UNDERGROUND STORAGE TANK removal, soil sampling, regulatory reporting, environmental assessments, remediation, site reclamation. Call us at ARC Inc., 403-543-1940; fax 403-543-1944. E-mail: arcinc@agt.net. 4-41

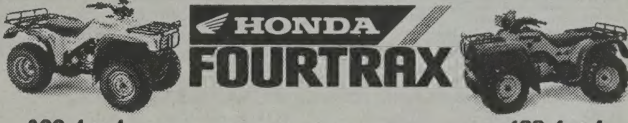
24 TRAVEL

JOIN US at the Lake Louise Inn for our Mountain Escape. Available Sept. 29, Oct. 6, 14, 20, Nov. 4. Starting at \$445. / 4 night package. Reservations / information: 1-800-661-9237. 2-39

25 WANTED

SMALL LOGGING company looking for private land. Timber, spruce, lodgepole pine log to suit. Small equipment used. Hand felled/hand limbed. References 403-435-0287. 2-39

GOOD GREEN second cut Alfalfa bales, baled dry. Call Falher Alfalfa Ltd., 403-837-2244, ask for Phil. 2-39



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ST. PAUL MINOR HOCKEY SCHOOL

The St. Paul Minor Hockey Association is pleased to announce that it is teaming up with the University of Alberta Golden Bear Hockey School for the 6th year to offer four specialized hockey clinics. This school is open to players inside and outside the St. Paul Minor Hockey system. Sessions to be offered are:

MIDGET/BANTAM - END ZONE/NEUTRAL ZONE PLAY: This combined session will focus on effective defensive zone play, offensive attack strategies and advanced contact skills. This is a combined group with drills separated based on ability.

PEEWEE - CHECKING TECHNIQUES: This session focuses on developing the mental and physical skills to prepare for body contact.

ATOM: Skill development and power skating.

NOVICE: Skill development and power skating.

SCHOOL GROUP TIMETABLE:

MIDGET/BANTAMS: Friday 9-10 PM; Sat. 1:15-2:45 PM and 8:15-10:45 PM; Sunday 11:30 AM-1:00 PM.

PEEWEE: Friday 7:45-8:45 PM; Sat. 11:30 AM - 1:00 PM and 6:30 PM - 8 PM; Sunday 1:15 PM - 2:45 PM.

ATOM: Friday 6:30-7:30 PM; Sat. 9:45-11:15 AM and 4:45-6:15 PM; Sunday 9:45-11:15 AM.

NOVICE: Friday 5:15-6:15 PM; Sat. 8:00-9:30 AM and 3:00-4:30 PM; Sunday 8:00-9:30 AM.

REGISTRATION INFORMATION:

WHEN: September 27, 28, 29
COST: \$65.00/Skater; Goalies \$25.00 (4 per session maximum)
INSTRUCTION TIME: 6 hours of on ice time.
REGISTRATION DEADLINE: September 24
REGISTRATION PLACE: During minor hockey registration or mail to: St. Paul Minor Hockey, P.O. Box 2003, St. Paul, T0A 3A0.

For info. / registration phone Barry Romanko at 645-2819



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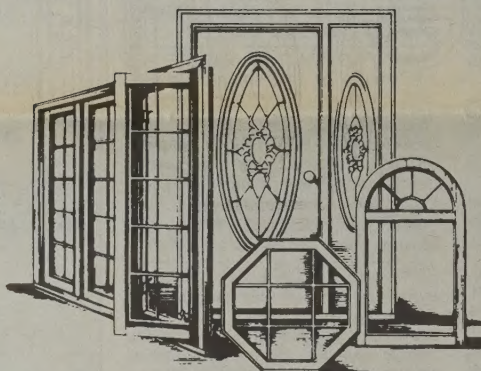
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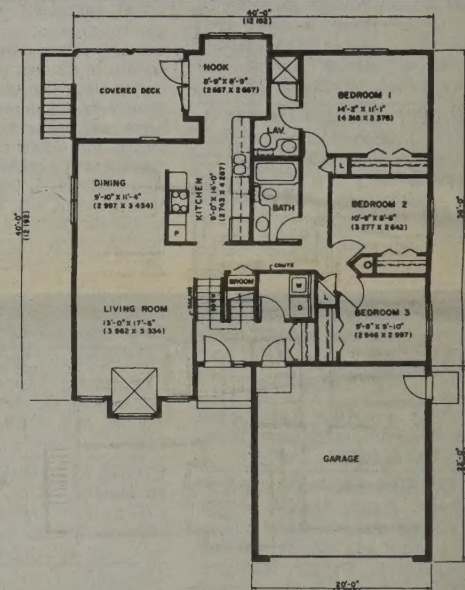
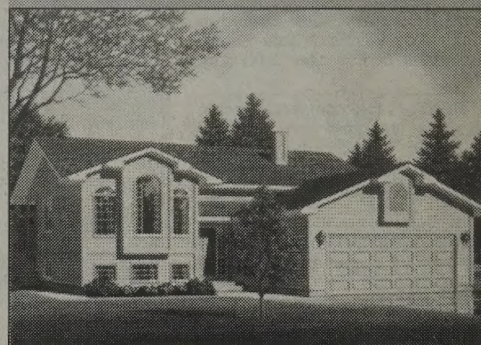
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